



DATE:	09-03-2024	TIME:	07:22 AM
NAME:	Jacob		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	79		
BREATHING RATE:	16		
PRQ:	4.8		
STRESS LEVEL:	Low		
BLOOD PRESSURE:	143/86		
HEART RATE VARIABLITY:	15		
OXYGEN SATURATION:	99		
HBA1C:	4.9		
HEMOGLOBIN:	14.1		
NOTES:			

# VITAL SIGNS

## LOG BOOK