



DATE:	12-03-2024	TIME:	01:58 PM
NAME:	Tina Saw		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		91	
BREATHING RATE:		24	
PRQ:		3.8	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		115/74	
HEART RATE VARIABILITY:		23	
OXYGEN SATURATION:		99	
HBA1C:		5.16	
HEMOGLOBIN:		13.0	
NOTES:			

# VITAL SIGNS

## LOG BOOK