



DATE:	20-03-2024	TIME:	03:40 PM
NAME:	hj		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		76	
BREATHING RATE:		19	
PRQ:		4.3	
STRESS LEVEL:		MILD	
BLOOD PRESSURE:		113/68	
HEART RATE VARIABILITY:		35	
OXYGEN SATURATION:		98	
HBA1C:		5.46	
HEMOGLOBIN:		11.7	
NOTES:			

VITAL SIGNS

LOG BOOK