



DATE:	22-03-2024	TIME:	04:57 PM
NAME:	Jack J		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			89
BREATHING RATE:			11
PRQ:			8.3
STRESS LEVEL:			Low
BLOOD PRESSURE:			120/70
HEART RATE VARIABILITY:			23
OXYGEN SATURATION:			96
HBA1C:			6.22
HEMOGLOBIN:			12.2
NOTES:			

VITAL SIGNS

LOG BOOK