



|                         |            |         |          |
|-------------------------|------------|---------|----------|
| DATE:                   | 15-12-2023 | TIME:   | 01:40 PM |
| NAME:                   | android    |         |          |
|                         | MORNING    | MID-DAY | NIGHT    |
| HEART RATE:             |            | 77      | 76       |
| BREATHING RATE:         |            | 23      | 18       |
| PRQ:                    |            | 3.4     | 4.2      |
| STRESS LEVEL:           |            | NORMAL  | NORMAL   |
| BLOOD PRESSURE:         |            | 117/72  | 113/70   |
| HEART RATE VARIABILITY: |            | 4.535   | 0.128    |
| OXYGEN SATURATION:      |            | 99      | 98       |
| HBA1C:                  |            | 5.2     | 5.0      |
| HEMOGLOBIN:             |            | 14.6    | 13.8     |
| NOTES:                  |            |         |          |

# VITAL SIGNS

## LOG BOOK