



DATE:	30-10-2024	TIME:	10:36 PM
NAME:	Jorge Giraldo		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	70		58
BREATHING RATE:	11		14
OXYGEN SATURATION:	98		98
BLOOD PRESSURE:	125 / 67		116 / 67
STRESS LEVEL:	Low		Low
HEART RATE VARIABILITY:	34		45
PRQ:	6.33		4.07
ACTIVITY:	5		5
SLEEP:	4		5
EQUILIBRIUM:	3		5
METABOLISM:	3		5

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RELAXATION:	2		2
HEMOGLOBIN:	Coming soon		Coming soon
HBA1C:	4.0 – 5.6		4.0 – 5.6
CHOLESTEROL:	Coming soon		Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK