



DATE:	02-03-2025	TIME:	09:01 AM
NAME:	Dennison		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		92	
BREATHING RATE:		10	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		118 / 75	
STRESS LEVEL:		Low	
HEART RATE VARIABILITY:		51	
PRQ:		9.49	
ACTIVITY:		3	
SLEEP:		5	
EQUILIBRIUM:		1	
METABOLISM:		1	

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RELAXATION:		3	
HEMOGLOBIN:		Coming soon	
HBA1C:		6.5	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK