



DATE:	04-03-2025	TIME:	09:19 PM
NAME:	Dennison		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			86
BREATHING RATE:			
OXYGEN SATURATION:			98
BLOOD PRESSURE:			116 / 67
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			44
PRQ:			-1.00
ACTIVITY:			4
SLEEP:			5
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK