



DATE:	21-02-2025	TIME:	08:04 PM
NAME:	HUSSEIN ALSAAD		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			85
BREATHING RATE:			19
OXYGEN SATURATION:			98
BLOOD PRESSURE:			121 / 71
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			25
PRQ:			4.48
ACTIVITY:			3
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK