



DATE:	20-02-2025	TIME:	07:53 PM
NAME:	maraym alessa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		108	130
BREATHING RATE:		9	20
OXYGEN SATURATION:		98	-1
BLOOD PRESSURE:		111 / 81	115 / 77
STRESS LEVEL:		Low	Normal
HEART RATE VARIABILITY:		45	42
PRQ:		12.25	6.34
ACTIVITY:		4	4
SLEEP:		4	4
EQUILIBRIUM:		4	4
METABOLISM:		4	4

DATE:	20-02-2025	TIME:	07:53 PM
NAME:	maraym alessa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		3	3
HEMOGLOBIN:		Coming soon	Coming soon
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:		Coming soon	Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK