



DATE:	04-01-2025	TIME:	04:27 PM
NAME:	TAREQ ANEES		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			81
BREATHING RATE:			21
OXYGEN SATURATION:			97
BLOOD PRESSURE:			119 / 67
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			34
PRQ:			3.87
ACTIVITY:			5
SLEEP:			5
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK