



DATE:	26-03-2025	TIME:	09:59 PM
NAME:	Elaine Petrakis		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			81
BREATHING RATE:			14
OXYGEN SATURATION:			98
BLOOD PRESSURE:			114/85
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			14
PRQ:			5.7
ACTIVITY:			1
SLEEP:			3
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			1
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK