



DATE:	27-09-2024	TIME:	06:54 PM
NAME:	Mohamed Aggag		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			89
BREATHING RATE:			12
OXYGEN SATURATION:			98
BLOOD PRESSURE:			118 / 68
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			34
PRQ:			7.22
ACTIVITY:			5
SLEEP:			4
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK