



DATE:	29-09-2024	TIME:	08:34 PM
NAME:	Mohamed Aggag		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	85	87	103
BREATHING RATE:	13	13	14
OXYGEN SATURATION:	98	98	98
BLOOD PRESSURE:	145 / 83	126 / 81	142 / 84
STRESS LEVEL:	Normal	Low	Low
HEART RATE VARIABILITY:	34	57	50
PRQ:	6.29	6.92	7.49
ACTIVITY:	5	5	5
SLEEP:	3	4	4
EQUILIBRIUM:	1	5	4
METABOLISM:	1	5	4

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RELAXATION:	2	4	3
HEMOGLOBIN:	Coming soon	Coming soon	Coming soon
HBA1C:	4.0 – 5.6	4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:	Coming soon	Coming soon	Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK