



DATE:	11-09-2024	TIME:	02:45 AM
NAME:	Shahvaiz Magsi		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	112		
BREATHING RATE:	24		
OXYGEN SATURATION:	-1		
BLOOD PRESSURE:	138 / 86		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	51		
PRQ:	4.64		
ACTIVITY:	3		
SLEEP:	5		
EQUILIBRIUM:	2		
METABOLISM:	2		

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RELAXATION:	3		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
NOTES:			

# VITAL SIGNS

## LOG BOOK