



DATE:	24-12-2024	TIME:	08:37 PM
NAME:	Nasser Al Huqbani		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			91
BREATHING RATE:			21
OXYGEN SATURATION:			98
BLOOD PRESSURE:			113/67
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			46
PRQ:			4.2
ACTIVITY:			2
SLEEP:			5
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			3
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK