



DATE:	27-09-2024	TIME:	06:44 PM
NAME:	Nasser Al Huqbani		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			62
BREATHING RATE:			13
OXYGEN SATURATION:			98
BLOOD PRESSURE:			114/67
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			55
PRQ:			4.8
ACTIVITY:			2
SLEEP:			3
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			3
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK