



DATE:	02-10-2024	TIME:	05:49 PM
NAME:	Patrick		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			56
BREATHING RATE:			13
OXYGEN SATURATION:			94
BLOOD PRESSURE:			109 / 69
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			24
PRQ:			4.27
ACTIVITY:			3
SLEEP:			4
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK